

## **Bocas Del Toro House Additional Information**



### **Internet & Phone**

I will be installing an antenna and a receiver for high speed Internet service (ADSL) and phone. This service from Cable & Wireless Company will be available shortly. We are in the waiting list.

### **Transportation**

The House is in Bocas del Toro area at Bastimientos Island, you can reach it by plane from Panama (45 minutes flight) or driving it probably a full day plus coordinating with the ferry from Almirante to Bocas.

My recommendation is flying (two local airlines fly to Bocas in 45 minutes) and if you let me know your schedule we will pick you up from the Bocas Airport and take you to the House by boat. We can take you anywhere you wish with our provided transportation, the House has an 18 feet boat with a licensed captain (Gregorio) very familiar with the area and he can take you anywhere to Bocas restaurants or other local attractions (diving, fishing or sightseeing).

Coming into Panama, you arrive at Tocumen International Airport, where all international flights arrive. All domestic flights leave from Marcos A. Gelabert airport in Albrook which is about thirty minutes away from Tocumen International Airport and only 10 minutes from downtown Panama City. If you need information or help with the Airports or transportation connections or hotel stay in Panama, please let me know.

### **House**

The house is at the beach, as you can see from the above picture, also the kitchen has all cooking and dinnerware required. The house has only coffee, powered cream, salt and food seasoning. Food should be bought in Bocas at the grocery store; there are small grocery stores near the House but with very limited selection. House has a large refrigerator that can keep things cool. Gregorio some days can arrange fishermen to bring fresh fish, shrimp or langostinos, check with him on that. Cooking stove and water heater use natural gas.

### **Restaurants**

There are three (3) small restaurants at Bastimientos House vicinity available for lunch and dinner (Al-Natural & Hotel Limbo) or you can cook yourself where the locals can bring you fresh lobster or fish. There are a lot of restaurants in Bocas town (<http://www.bocas.com/btisguid.htm#Restaurants2>) or at Coral Cay (<http://www.bocas.com/restaurantes/coralrest.htm>) 5 minutes from the House.

### **Amenities**

We have one single and one double kayak and one small sailboat. We also have a powerboat with a captain (Gregorio) available at extra expense for sightseeing or general transportation. It is a very beautiful area with a lot of interesting places to see. Boating in the area requires local knowledge for navigating, is shallow in some areas and with reefs.

### **Water**

The House collects rain water in 4 different containers; it has over 2,000 gallons capacity. Using electric pump and a filter water runs thru the House.

### **Electricity**

House uses 1200 watts solar panels to collect electricity and stores in batteries and inverts to 120V AC. This electricity powers all house appliances like TV, stereo, fans and lights. In the event of solar power failure; the House has a backup diesel engine-generator. All US appliances will work well. Since it is not connected to a power grid system since there is none in the area, we limit the use of appliances as hair dryers or coffee makers. Coffee is prepared with a stove coffee maker (Cuban style). The House is powered by solar panels with no air condition required since there is always nice breezes. The House has a backup diesel engine-generator.

### **Services**

The House has a boat and a captain, house keeper and watchman. He provides security and watchman (24/7). The House also has a maid service three times a week. Gregorio is the captain and caretaker and will be happy to take you anywhere or provide any services that can make your stay more comfortable. Zapatillas Cays are 3.3 miles S.E. from the House are two beautiful islands

(<http://www.bocas.com/bistspza.htm>) also look at other tourism attractions at

(<http://www.bocas.com/btisturi.htm>)